



Kingswood
Inspiring Learning



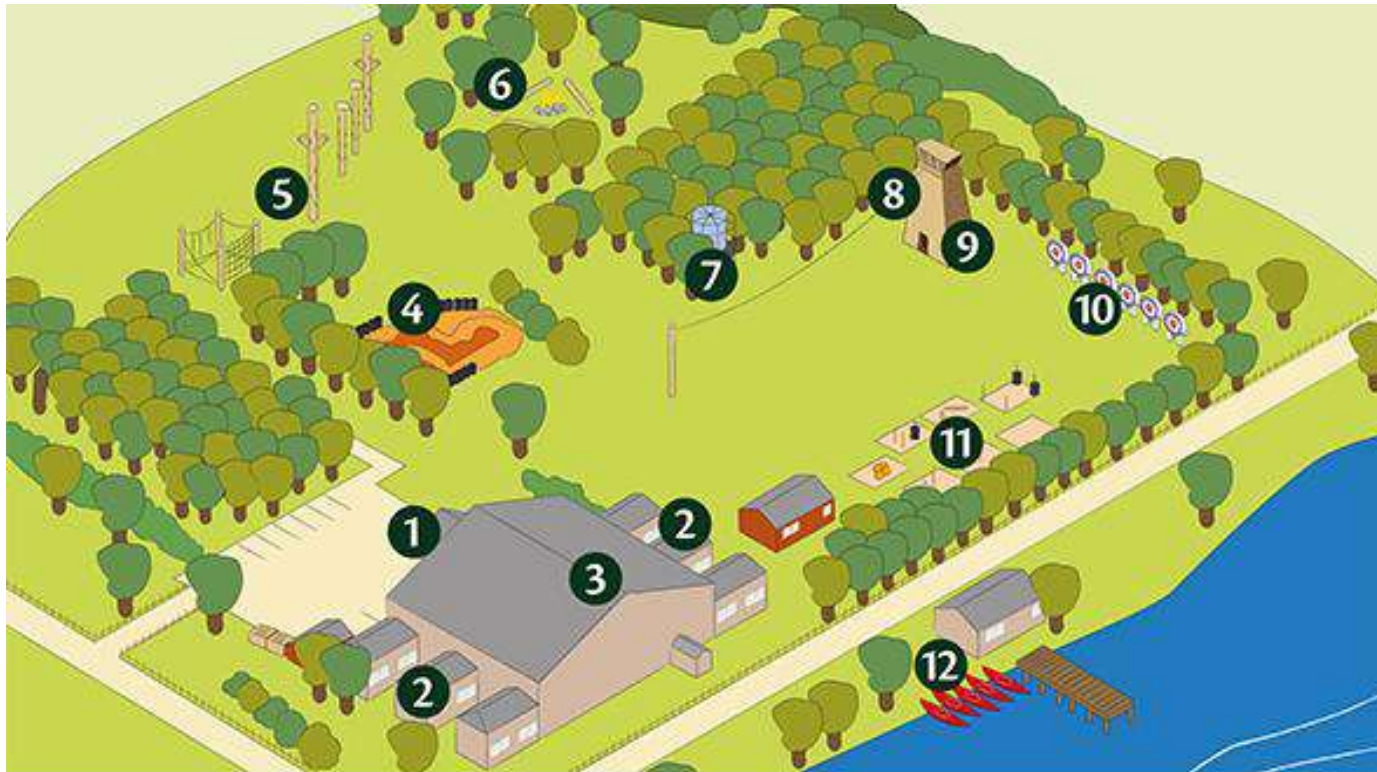
Introduction to Kingswood

Highly qualified staff

They have a 'learning outside the classroom' quality badge and full accreditation with all relevant agencies.



Your centre – Peak Venture



- | | | |
|---------------------------------|-------------------------------|---------------------------|
| 1 Reception | 5 High & low ropes | 9 Climbing |
| 2 Accommodation | 6 Bushcraft | 10 Archery |
| 3 Dining, cinema & disco | 7 Aeroball | 11 Problem solving |
| 4 Quad bikes | 8 Zip wire & abseiling | 12 Raft build |

A day full of fun

- Leave school at 3pm on Friday.
- Students will leave lesson at 2.30pm and go and change in the PE changing room.
- If parents want to collect school uniform or drop bags off at that time please do so.
- I will be in reception from 8am for students bringing bags into school. Suitcases will be stored in the PE department.
- It would help to have your Friday evening outfit in a carrier bag that you can grab and bring to the changing rooms and then put your uniform in.
- Return to School for 2pm Sunday – opposite the tram stop.



A typical day at Kingswood runs as follows:

- Breakfast is served between 7.30am and 9am. Each school is given a time slot to be served.
- First activities start around 9.15am
- 10 minute drinks and snacks break between activities
- Lunch time between 12pm and 2.30pm. Each school is given a time slot.
- Evening meal time allocation between 5pm and 7pm
- Evening entertainment from 8pm followed by hot chocolate (on request)
- In rooms by 11. Lights out at midnight!!!!!!! No phones in rooms after 11.

A day full of fun

A typical day at Kingswood runs as follows:

- First activity is when we arrive. We have 5 groups.
 - We will have 1 activity on the first evening, 4 on the second day, 2 on the Sunday.
 - The activities include:
 - Orienteering
 - Nightline (blindfold and muddy puddles)
 - Bouldering
 - Leap of Faith
 - Shelterbuilding
 - Bushcraft – firelighting
 - Zipwire
 - Friday evening is a campfire (bring your own marshmallows if you wish), Saturday evening is a Disco. Fancy dress, glitter and general silliness is recommended.
 - Fully qualified Kingswood activity instructors lead all activities
 - Students are encouraged and praised during activities but are NEVER forced to take part if they are not comfortable doing so
- While other groups will also be present on centre during our stay, all programmes and activities are conducted separately.

Laser





Nightline – blindfolds, rain and mud. It is never anything other than hilarious. Voted second favourite activity of the weekend.



Campfire in the evening with smores

Problem solving



Bushcraft - firelighting



Bushcraft – Shelter Building



Bouldering



Leap of Faith



Quick Zip



Food glorious food!

It's important for students to maintain high energy levels throughout your stay, so three freshly-prepared, healthy buffet style meals are served daily in the communal dining area.

- All meals are nutritionally balanced and meet the latest Government standards on children's meals. A varied choice is always offered, with both hot and cold meals, a salad bar, at least one vegetarian option and yes, sometimes even chips!
- Plenty of juice and water is available at all times throughout the day. There is a shop which is open at designated times. Please do not bring a lot of money with you. Most dietary requirements can be catered for as long as we are told in advance. Please contact Alison Hunter if you have anything that we need to know. You can bring sweets and drinks with you.

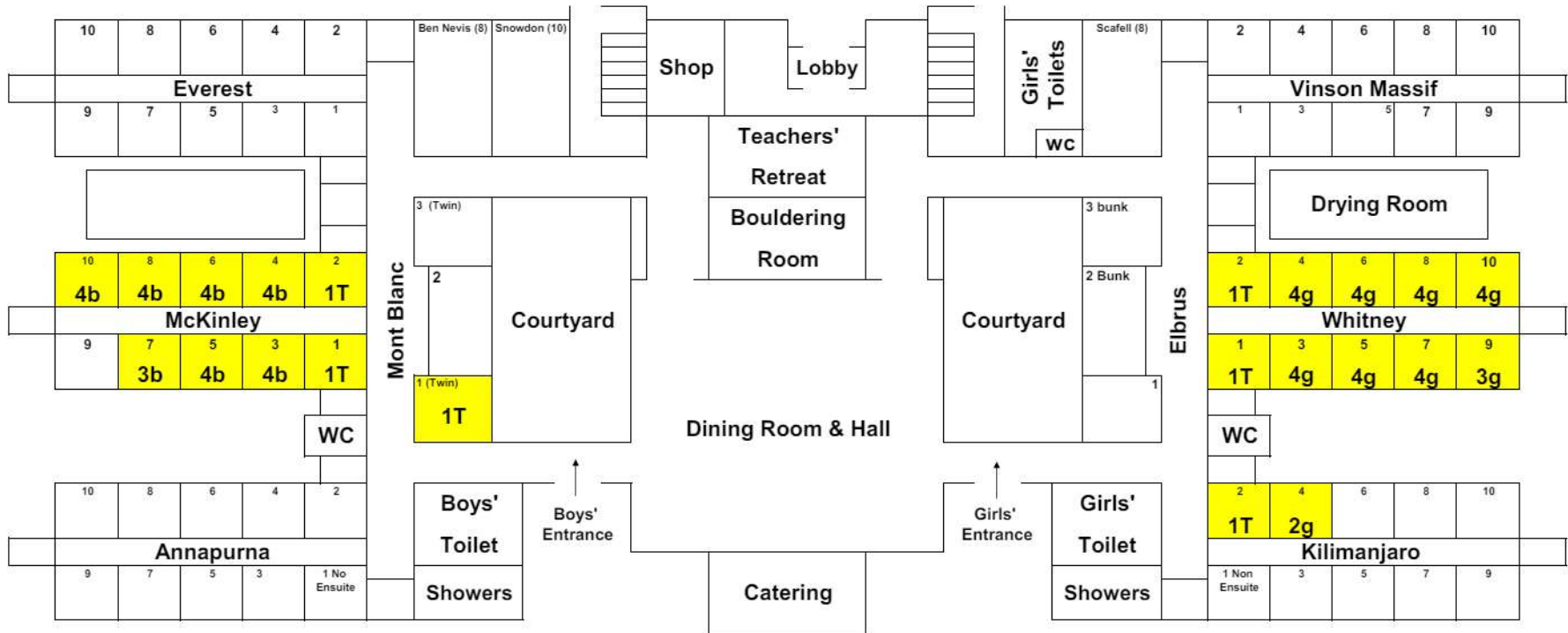


Sleeping – a home away from home!

- All residential dormitories are warm, comfortable and 100% secure. There is a night warden on site.
 - Girls and boys sleep in separate areas and teachers rooms are located close by to allow for plenty of close supervision
 - All bedding is provided at the centre - one of the very first tasks for all students is making up their own beds!
 - Separate showers and toilet facilities are available for girls and boys.
- There are plugs in the hallway and in the teacher's rooms but not in the student rooms.



Sleeping – a home away from home!



Please Note: Dorming subject to change and we are unable to guarantee exclusive use of our accommodation corridors. Kilimanjaro 1 and Annapurna 1 are non ensuite adult rooms. Elbrus 2 & 3 are en-suite bunk bed rooms.

School	B	G	M	F
THE Birley Academy	27	33	6	

Bedtime routine

To finish off each day, hot chocolate is served on request before students return to their dorms.

**students can change rooms but they must remember to tell a member of staff so the fire list is up to date.



Kit list

- Kit list
- Bring old clothes! Clothing and shoes worn outside during activities will get **very** dirty.
- **At least** 1 bath towel
- Toiletries bag including toothbrush, toothpaste, soap, hairbrush etc. Showers are shared.
- Night clothes
- Socks and underwear – more than one pair of socks each day and warm socks are recommended.
- Tracksuit bottoms are better than jeans because they won't cause as much irritation if they get wet
- Clothes for the evening activities
- Waterproof jacket
- Trainers and/or wellies
- Large plastic bag or bin bag for dirty clothes
- Thick gloves, hat and scarf in winter
- Drinking water bottle and hot drinks holder if you want hot drinks outside
- Bedding is provided but you may want to bring a sleeping bag with you or an extra pillow.
- Please note, many of the activities require arms and legs to be covered
- Please only bring what you need. Mobile phones, expensive cameras, electronic games, Mp3 players, expensive or much-cherished jewellery, expensive or favourite clothing or shoes are not covered by Kingswood insurance.

Safety and wellbeing

We know how daunting it can be letting your child go on a residential visit, so we do everything we can to make it a safe and enjoyable experience for all.

Our policies and procedures are designed to make sure we adhere to the highest safety standards at all times:

- Continual safety and first aid training for all staff
- Regular checks on equipment before and after every activity session
- Qualified First-Aider on centre 24/7
- All staff are fully DBS checked

We create a warm, supportive environment for students so they quickly feel at home. All our activities are progressive, allowing students to join in at whatever level they're comfortable with.

We have found the best way to help children cope with being away from home is to keep them busy, having fun from dawn 'til dusk.

Kingswood cannot guarantee 100% safety for personal items brought onto centre and they will not be covered by insurance. It is therefore advisable to leave valuables – cameras, mobiles, iPods, MP3 players, computer games, jewellery - at home. A clearly named disposable camera is acceptable.



Behaviour and injuries/illnesses

We will contact parents in the first instance of any behavioural concerns. PLEASE ensure your contact details are up to date.

We may ask you to collect your student if their behaviour is a risk to themselves or others.

We are there to have fun. We need to be safe and considerate of others.

If your child needs to go to hospital we will ask you to send someone to meet us there. Please see me at the end if you want to talk about medication.

If there are any worries from students whilst we are there, please speak to a teacher first before you ring home.

Parents – it would be really useful if you could speak to us first if your child tries to contact you or messages you that there is a problem.

07458080652

Any questions?