

Theme/Concept	(KS2)	Year 7	Year 8	Year 9	Year 10	Year 11
Health & Wellbeing	<p><i>Being safe</i></p> <p><i>Mental wellbeing</i></p> <p><i>Physical health and fitness</i></p> <p><i>Healthy eating</i></p> <p><i>Drugs, alcohol and tobacco</i></p>	<p>Identity</p> <p>Transition to secondary</p> <p>Self-confidence</p> <p>Self-esteem</p> <p>Personal strengths</p> <p>Puberty</p> <p>Radicalisation</p>	<p>Mental Health</p> <p>Resilience</p> <p>Impact of media & social media</p> <p>Judgement</p> <p>Emotions</p> <p>Mental health stigma</p> <p>Available support</p>	<p>Emotional Wellbeing</p> <p>Internal & external influence</p> <p>Positive & negative coping strategies</p> <p>Empathy</p> <p>Supporting others</p> <p>Managing change & loss</p>	<p>World of Work</p> <p>Labour market & international work</p> <p>Employment sectors & types of work</p> <p>Apprenticeships</p> <p>Work experience</p> <p>Employability & CVs</p> <p>ICT skills</p> <p>Personal strengths</p> <p>Range of opportunities</p> <p>Addressing stereotypes</p> <p>Advice & guidance available</p> <p>Post-16 taster days</p>	<p>Preparing for adulthood</p> <p>Post-16 choices</p> <p>Changing interests & options</p> <p>Career identity</p> <p>Career changers</p>
	<p><i>Health and prevention</i></p> <p><i>First Aid</i></p> <p><i>Changing adolescent body</i></p>	<p>Healthy Lifestyle</p> <p>School-life balance</p> <p>Physical activity</p> <p>Sleep</p> <p>Diet (inc. alcohol)</p> <p>Dental health</p> <p>Personal hygiene</p> <p>Online time</p> <p>Informed choices</p> <p>Risks of FGM</p>	<p>Personal Safety</p> <p>Basic First Aid</p> <p>CPR & defibrillators</p> <p>Responsibility for personal health</p> <p>Drugs, alcohol & tobacco</p> <p>Self-harm</p> <p>Body image & eating disorders</p> <p>Homelessness</p>	<p>Influences on health</p> <p>Health services available</p> <p>Sexual health & STIs</p> <p>Fertility & pregnancy</p> <p>Substances misuse</p> <p>Gambling</p> <p>The law</p> <p>Peer-pressure</p> <p>Unhealthy behaviours</p>	<p>Healthy Choices</p> <p>Health services</p> <p>Blood, organ, stem cell donation</p> <p>Personal responsibility</p> <p>Diet</p> <p>Addiction</p> <p>Risks of cosmetic procedures</p> <p>Influence of media</p>	<p>Managing Anxiety & Stress</p> <p>Recognising warning signs</p> <p>Pre-empt & respond</p> <p>Depression</p> <p>Positive & negative coping strategies</p> <p>Supporting others in crisis</p>
Relationships	<p><i>Families and people who care for me</i></p> <p><i>Caring friendships</i></p> <p><i>Respectful relationships</i></p>	<p>Friendships & Family</p> <p>Personal values</p> <p>Qualities & behaviours</p> <p>Trust</p> <p>Teamwork & listening</p> <p>Respectful relationships</p> <p>Online relationships</p> <p>Peer pressure</p> <p>Media portrayal of relationships</p> <p>Diversity of families</p>	<p>Relationships</p> <p>Managing strong feelings</p> <p>Sexuality inc. LGBTQIA+</p> <p>Media portrayal of sexuality</p> <p>Grooming & sexual harassment</p> <p>Equality Act</p> <p>Conflict management</p> <p>Effects of change & loss</p> <p>Marriage & civil partnership</p>	<p>Sexual Relationships & Consent</p> <p>Sexuality</p> <p>Intimacy</p> <p>Pleasure</p> <p>Expectations</p> <p>Advice & support available</p> <p>Contraception</p> <p>Faith & cultural norms</p>	<p>Sexual Abuse</p> <p>Diversity of values</p> <p>Consent</p> <p>Grooming</p> <p>Sexual harassment</p> <p>Rape</p> <p>Sexual images & sexting</p> <p>Pornography & revenge porn</p> <p>Body shaming</p> <p>FGM</p> <p>Legal rights, responsibilities & protection</p>	<p>Complex Relationships</p> <p>Managing strong emotions</p> <p>Healthy sexual relationships</p> <p>Change in relationships</p> <p>Managing grief</p> <p>Complexities of online relationships</p> <p>Domestic abuse</p> <p>Parenthood</p> <p>Adoption & fostering</p> <p>Abortion & range of beliefs</p>
	<p><i>Online relationships</i></p> <p><i>Being safe</i></p> <p><i>Internet safety and harms</i></p>	<p>Bullying</p> <p>Recognising behaviours</p> <p>Unwanted contact</p> <p>Equality, diversity & inclusion</p> <p>Online bullying</p> <p>Challenging bullying</p> <p>Seeking support</p>	<p>Online Safety</p> <p>Online bullying</p> <p>Online risks</p> <p>Influence of media & social media</p> <p>Fake news</p> <p>Reporting & support available</p>	<p>Conflict</p> <p>Managing conflict</p> <p>Anti-bullying</p> <p>Gangs</p> <p>Weapons</p> <p>The Law and young people</p>	<p>Abuse</p> <p>Influence, manipulation, persuasion & coercion</p> <p>The law inc. coercive control</p> <p>Responsive strategies</p> <p>Domestic abuse</p> <p>Forced marriage</p> <p>Honour-based violence</p> <p>Tackling prejudice</p> <p>Human trafficking</p> <p>County lines</p>	<p>Radicalisation</p> <p>Wider picture</p> <p>Extremism</p> <p>Prevent</p> <p>Islamophobia</p>
Living in the Wider World	<p><i>Internet safety and harms</i></p>	<p>Equality, Diversity & Inclusion</p> <p>Stereotyping, bullying & discrimination</p> <p>Challenging stereotypes</p> <p>Respect</p> <p>Prejudice based language</p> <p>Inclusion</p> <p>Anti-racism</p>	<p>World Religions (Year 7&8 RS Curriculum)</p>	<p>Global issues & human rights (Year 8&9 RS Curriculum)</p>	<p>Celebrating other cultures & religions</p> <p>World religions</p> <p>British Values</p> <p>Cultural events & influences</p>	<p>Discrimination</p> <p>Roots in history</p> <p>Challenging prejudice & discrimination</p> <p>Black Lives Matter & other movements</p>
		<p>Digital Footprint</p> <p>Blurred public & private boundaries</p> <p>Perception of anonymity</p> <p>Online bullying</p>	<p>Media Influence</p> <p>Benefits & risks of social media</p> <p>Risk of obsessive comparison</p> <p>Appropriate response</p> <p>Impact & case studies</p>	<p>Fake News</p> <p>Seeking a variety of perspectives</p> <p>Exaggeration</p> <p>Influence of extreme views on behaviour</p>	<p>Personal Data</p> <p>Rights & responsibilities</p> <p>GDPR</p> <p>Protecting your personal & professional reputation online</p> <p>Directed advertising</p> <p>Managing your online presence</p>	<p>Preparing for adulthood 2</p> <p>Rights & responsibilities at work</p> <p>Budgeting & Financial risk</p> <p>Housing & accommodation</p> <p>Problem solving & computational thinking skills</p> <p>Young drivers</p>
		<p>Study skills</p> <p>Organisational, research & presentation skills</p> <p>Targets & goals</p> <p>Enterprise</p>	<p>Finance</p> <p>Financial decisions & risk</p> <p>Debt</p> <p>Perception & emotions</p> <p>Social & moral dilemmas</p> <p>Financial exploitation</p>	<p>Careers</p> <p>GCSE options</p> <p>Routes into work</p> <p>Attributes that employers value</p> <p>Stereotypes & cultural expectations</p> <p>Employment rights</p>	<p>Self-Awareness</p> <p>Acting upon feedback</p> <p>Assertiveness</p> <p>Media influence on body image</p>	<p>Health Issues</p> <p>Emergency first aid</p> <p>Emergency services</p> <p>Suicidal ideation</p> <p>Self-harm</p> <p>Self-check & screening</p> <p>Unplanned pregnancy</p> <p>Miscarriage</p> <p>Drugs & alcohol abuse</p>

Time of Year	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	Identity Transition Growth mindset Self Esteem & Anxiety Puberty Children's Rights + Parliament Extremism, Radicalisation and the law	Mental Health Resilience Impact of Social Media Emotions Body Image Stress-good & bad stresses Eating disorders	Emotional wellbeing Emotional wellbeing Resilience Empathy & support coping strategies Managing change Loss & bereavement	World of Work Labour market Apprenticeships Employment sectors Teen employment CVs + employability CVs + employment	Preparing for Adulthood - Part 1 Post 16 options Rights and responsibilities at work Making a budget (payslips) Financial risks (Loans, mortgages, gambling) Young drivers Revision techniques
Autumn 2	Bullying & Digital Footprint What is bullying Offensive behaviour & language Bullying Behaviour Homophobic & racist bullying Body shaming Cyberbullying Impact of social media Online gaming / online relationship	Online Safety Cyberbullying Social media & law Phishing & cyber attacks Advertisements Grooming Online gaming Cat fishing Representation online	Conflict Anti-bullying Fight, flight, freeze, fawn Managing conflict Debating skills/ child on child abuse Gangs Weapons The Law & young people Prison, reform & punishment	Abuse Influence, manipulation, persuasion. Coers Domestic abuse Domestic abuse Domestic abuse Forced marriage & honour based violence. Human trafficking County lines Tackling prejudice	Managing Anxiety & stress Mock interview preparation Mock interview preparation Warning signs, pre-empt & respond Depression & Anxiety Coping strategies, positive & negative Managing Grief Supporting yourself & others Exam stress & revision skills
Spring 1	Citizenship British Government Voting Impact of Brexit Monarchy Homelessness	Media Influence Benefits & risk of social media Risk of obsessive comparison Power Vs. Purpose Reality TV and celebrity culture Villains & victims	Fake News Media bias & disinformation Real versus fake news Exaggeration & language use Innocent until proven guilty GCSE options	Discrimination & Radicalisation Fundamental British values Extremism & prevent Islamophobia and Antisemitism Subcultures Cults	Health Issues Emergency first aid Suicidal ideation & self harm Killed by my debt Drug & alcohol abuse Self check & screening Unplanned pregnancy, teen pregnancy & miscarriage
Spring 2	Friendships & Families Friendships: Qualities & behaviours Trust & respectful relationships Teamwork & listening Peer pressure Diversity of families Media portrayal of relationships	Relationships Sexuality including LGBTQ+ Marriage & civil partnership Grooming & sexual harassment Consent & boundaries Equality Act FGM & the law	Sexual Relationships & Consent Sexuality Intimacy & pleasure Expectations Faith & cultural norms Contraception	Sexual Abuse Consent Sexual images & sexting Pornography including revenge pornography Grooming & CSE Sexual harassment Rape	Complex Relationships Healthy sexual relationships Complexities of online relationships Domestic abuse Parenthood, Adoption & fostering Abortion & beliefs Exam stress & revision skills
Summer 1	Equality, Diversity & Inclusion Stereotyping & Discrimination Respect Prejudice based language Protected characteristics Refuges Inclusion: BLM, suffragettes, pride	Finance Bank accounts debt Financial decisions & risks Financial exploitation Spending safely in the digital world Homelessness	Influences on Health Sexual health & STIs Fertility & pregnancy Peer pressure Substance misuse Gambling The law	Healthy Choices Blood, organ and stemcell donation Diet Addiction Cosmetic procedures Body shaming FGM	Study Skills & Revision Exam stress & revision skills Exam stress & revision skills External Examinations
Summer 2	Healthy Lifestyles Physical activity & sleep Diet & dental hygiene Personal hygiene Risks of FGM Climate change - recycling, etc Climate change - protests Water safety, road & fire	Personal Safety Basic first aid CPR + defibrillators Drugs Alcohol & Tobacco Self harm Child Abuse - keeping safe Summer safety	Careers Routes into work Skills & attributes Employment rights Further & Higher Education Financial management Stereotyping in the workplace Links between Lessons and careers.	Personal Data What is GDPR Protecting your reputation online Directed advertising Rights H & S in the workplace WORK EXPERIENCE WORK EXPERIENCE	External Examinations