




# Health and Social Care: Component 1 Human Lifespan Development


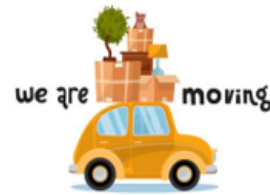

## Knowledge organiser and sentence starters

**Learning Aim A: Understand human growth and development across life stages and the factors that affect it**

*How do people grow and develop throughout their lives? How can factors such as lifestyle choice, relationships affect this? Understanding these processes is essential knowledge and understanding for health and social care practitioners.*

A1. Growth and development across life stages		A2. Factors affecting growth and development	
<p><b>Lifestages</b></p> <ol style="list-style-type: none"> <li>1. Infancy (0-2 years)</li> <li>2. Early childhood (3-8 years)</li> <li>3. Adolescence (9-18 years)</li> <li>4. Early adulthood (19-45 years)</li> <li>5. Middle adulthood (46-65 years)</li> <li>6. Later adulthood (65+ years)</li> </ol> 	<p><b>Holistic Development</b></p> <ol style="list-style-type: none"> <li>1. Physical development - physical growth and physiological change</li> <li>2. Intellectual development - developing thinking and language skills and common activities that promote learning and development</li> <li>3. Emotional development - developing feeling about self and others</li> <li>4. Social development - forming relationships</li> </ol>	<p><b>1. Physical factors</b></p> <ol style="list-style-type: none"> <li>a) Genetic inheritance</li> <li>b) Diet and lifestyle choice</li> <li>c) Experience of illness and disease</li> <li>d) Appearance</li> </ol>	<p><b>2. Economic factors</b></p> <ol style="list-style-type: none"> <li>a) Income / Wealth</li> <li>b) Material possessions</li> </ol> 
		<p><b>3. Social, cultural and emotional factors</b></p> <ol style="list-style-type: none"> <li>a) Educational experiences</li> <li>b) Culture e.g. community involvement, religion, gender</li> <li>c) Influence of role models</li> <li>d) Influence of social isolation</li> <li>e) Personal relationships with family and friends</li> </ol> 	

**Learning Aim B: Investigate how individuals deal with life events**

B1. Different types of life events	B2. Coping with change caused by life events
<p><b>1. Physical events</b></p> <ol style="list-style-type: none"> <li>a) Accident / injury</li> <li>b) Ill health</li> </ol>	<p><b>1. How individuals adapt to these changes</b></p> <p><b>2. Sources of support</b></p> <ol style="list-style-type: none"> <li>a) Family, friends, partners</li> <li>b) Professional carers and services</li> <li>c) Community groups, voluntary and faith based organisations</li> </ol>
<p><b>2. Life circumstances</b></p> <ol style="list-style-type: none"> <li>a) Moving house, school or job</li> <li>b) Exclusion from education</li> <li>c) Redundancy</li> <li>d) Imprisonment</li> <li>e) Retirement</li> </ol>	<p><b>3. Types of support</b></p> <ol style="list-style-type: none"> <li>a) Emotional</li> <li>b) Information advice</li> <li>c) practical help e.g. financial assistance, child care, transport</li> </ol>
<p><b>3. Relationship changes</b></p> <ol style="list-style-type: none"> <li>a) Entering a relationship</li> <li>b) Marriage</li> <li>c) Divorce</li> <li>d) Parenthood</li> <li>e) Bereavement</li> </ol> 	 

Use connectives to extend your sentences and link each paragraph....

<p><b>Explain an idea</b></p> <ul style="list-style-type: none"> <li>• Although</li> <li>• Except</li> <li>• Unless</li> <li>• However</li> <li>• Therefore</li> </ul>	<p><b>Sequencing</b></p> <ul style="list-style-type: none"> <li>• Firstly</li> <li>• Secondly</li> <li>• Next</li> <li>• Finally</li> <li>• Since</li> </ul>	<p><b>Give examples</b></p> <ul style="list-style-type: none"> <li>• Such as</li> <li>• In the case of</li> <li>• For example</li> <li>• As revealed by</li> <li>• For instance</li> </ul>
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**Adding to**

- And
- Also
- As well as
- Moreover
- Too
- Furthermore

**Cause and Effect**

- Because
- So
- Therefore
- Consequently
- Thus
- As a result of

**To compare**

- Likewise
- Equally
- In the same way
- Similarly

**Contrasting**

- Whereas
- Instead of
- Alternatively
- Otherwise
- In another way
- Then again

**To Emphasise**

- Above all
- Ultimately
- Especially
- Significantly

**Elaborating your ideas. Ask "So what?"**

- This suggests
- This shows
- This signifies
- This implies
- This means
- Therefore
- However
- Furthermore

**What do you think? language**

- In conclusion...
- It is clear that...
- From looking at...
- The evidence suggests...
- Overall...