

The Birley Academy Year 9 Weekly

Student Bulletin 4



Hi Year 9! As always, I hope that you and your family and friends are safe and well.

This week I have been amazed by the continuing messages I have been receiving about the hard work and effort that year 9 students are putting in at home.

I have been equally impressed by the students who have been emailing in to ask questions about their work, subjects and asking for help. At the moment, you are expected to do a lot of independent work and I am aware this can be very challenging. However, your teachers and I are here to help. Please do not hesitate to contact me or your teachers with your individual questions. We are all working very hard to support you and it is also great to hear how you are doing!

So, if you haven't done so already, aim to send me a message this week to let me know how you are doing and update me on any questions you have. Also, you should have received an email from your form tutor. If you have not received one, please let me know and I will follow this up. I have sent out emails to 9B students as their acting form tutor and it has been a pleasure to catch up with students and give them some reassurance in their home learning.

Have a wonderful week, stay safe, keep exercising and I look forward to hearing from you this week!

Mr A Hulme

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Joke of the week

Why are snails so popular in France? They don't like fast-food.

Have any jokes? Please send them in.



Exercise of the week - running

I am guilty of not going for a **run** very often, though I get my exercise usually through HIIT workouts.

If you feel that you've been inside for a long time or you haven't breathed the fresh air for a while, get your trainers on, ask your parents/carers for permission and go for a quick run. Even just 10 minutes around the block a couple of times will always make you feel so much better afterwards, even when you don't want to do it to begin with!

Skill of the week: **Cooperation**

We are all often tempted to do things independently from time to time. However, sometimes, two minds are better than one. If you need any help, ask! Or, if you see anyone else in need of help, offer it! You'll be amazed how thankful others are when you show you are there for them. 😊

Year Bulletins

Thank you very much to those who completed the survey for school last week. I am very keen to keep updating these bulletins to make them as informative for you as possible. If you have any suggestions on something you would like including or changing please let me know via my email opposite.