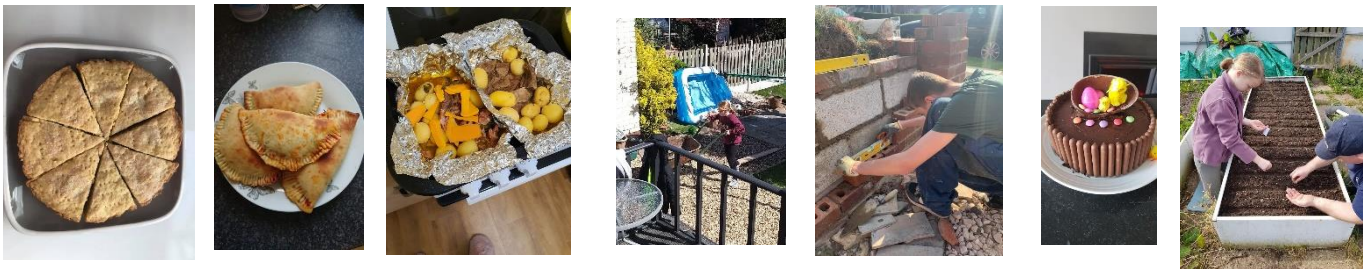


## SOCIAL MEDIA UPDATE

Over the past 3 weeks our parents have been sharing all the hard work taking place at home. These have ranged from using the online resources on the academy's website to life skills lessons. In this newsletter we would like to share some of the good work that is taking place with you.

### Life skills in action

Our students have been taking part in different life skills activities such as cooking, baking, brick laying and gardening. Here is just a small selection of the activities students have completed during the last few weeks.



## School Work Focus: Hegarty Maths

Hegarty Maths Top Scholars week beginning 6<sup>th</sup> April

Stacey Jones-Carlidge, Abigail Rodgers, Allysia Darwent, Anissa Maria El-Asmar and Amy Parkin!

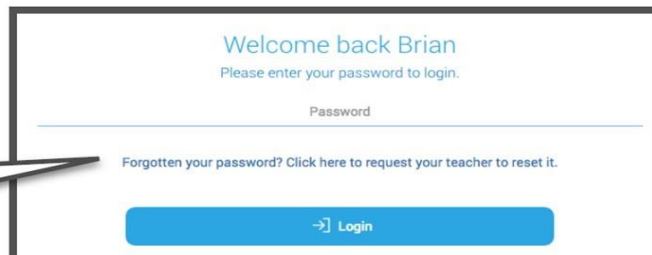
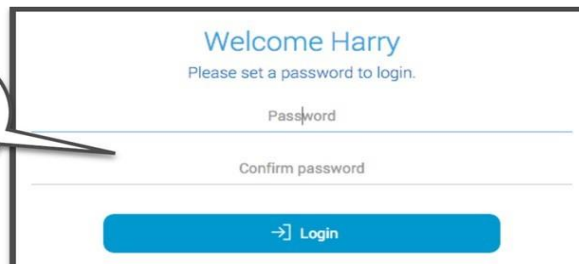
Well done to all of you!

Top Tip if you've forgotten your password:

**What if I forget my password?**

This link will **notify your teacher** that you need the password reset when they next login.

Once your teacher has reset your password, **you will choose your new password** when you next login.

It has been lovely seeing the different work students are completing. Please keep the pictures coming in!

### Facebook and Twitter

Please feel free to follow all the amazing work that is happening on the following social media sites:



@birleyacademy



@birleyhead



The Official Birley Academy Group

**Please remember if you would like to join the Facebook group you will need to provide the name and school year of your child/children.**

### Staying safe online

As we are spending more time online due to home learning and the nationwide lockdown you may find the following website useful to help your child stay safe online:

[https://www.thinkuknow.co.uk/parents/support-tools/home-activity-worksheets?utm\\_source=Thinkuknow&utm\\_campaign=03cb8440df-TUK\\_ONLINE\\_SAFETY\\_AT\\_HOME\\_24\\_03\\_20&utm\\_medium=email&utm\\_term=0\\_0b54505554-03cb8440df-55372725](https://www.thinkuknow.co.uk/parents/support-tools/home-activity-worksheets?utm_source=Thinkuknow&utm_campaign=03cb8440df-TUK_ONLINE_SAFETY_AT_HOME_24_03_20&utm_medium=email&utm_term=0_0b54505554-03cb8440df-55372725)

This website provides you with short (15 minute) home learning packs which you can work through with your child. There are packs for both primary and secondary students as well as Key Stage 3 and 4 packs.

**Please find attached to this email information sheets about staying safe using House Party and Zoom**

### Emotional Wellbeing

At this time, it is important to remember to be kind to ourselves and take care of our emotional well-being. There are a number of resources on the school website. These can be found under the school closure tab.

Please find some useful links to websites that also support wellbeing:

<https://www.childline.org.uk/toolbox/calm-zone/>

<https://www.nhs.uk/oneyou/every-mind-matters>

<https://www.kooth.com/>