

Time of Year	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	Transition and Safety	Discrimination	Peer Influence, substance use,	Mental Health	Building for the future
	Managing feelings	Self Esteem	Unhealthy relationships	Negative thinking	Self efficacy
	Maintaining positive relationships	Pride	serious and organised crime	Mental ill health	Stress management
	Reducing Risks	Homophobia	gangs and risks	Grief and Loss	Healthy sleep habits
	Bullying	Diversity	County Lines	Coping Strategies	balancing time online
	Peer on peer abuse	Stereotypes	Drug classification	Wellbeing	safe ways to create content online
			Vaping		Future Opportunities
	Democracy	Democracy	Democracy	Democracy	Democracy
Autumn 2	Developing skills and Aspirations	Community and Careers	Setting Goals	Financial Decision Making	Next Steps
	Skills	Communication	Jobs and Qualifications	Budgeting	Applying for Post 16
	Anti Bullying week	Anti Bullying week	Anti Bullying week	Anti Bullying week	Anti Bullying week
	Industries	Non verbal communication	Employment Sectors	Debt	Writing a Personal Statement
	Pathways	Resilience	Worldofwork.co.uk	Religious viewpoints on debt	Post 16 Pathways
	Jobs and Qualifications	Critical Thinking	Post 16 Pathways	Gambling	Interview technique
	Diversity in the workplace	Diversity in the workplace	Options - Pathways	Gambling addiction	Rights and responsibilities
	Entrepreneurship	Entrepreneurship	Options - choices	Algorithms, cookies advertising and digital footprints	
Spring 1	Diversity	Drugs and alcohol	Respectful Relationships	Healthy Relationships	Communication in Relationships
	Identity	caffeine	Family types	Healthy and unhealthy	Core values
	Diversity	tobacco	homelessness	Consent	Gender identity, gender expression
	Prejudice	alcohol	conflict	intimacy and sexual pressure	communicating assertively
		Drugs and classification	Conflict resolution	The Law	handling unwanted attention
	Sexuality	addiction	relationships	Coersion, harrassment, abuse,	challenging harrassment, including
	Bullying	Cannabis		Dangers of viewing explicit	
Spring 2	Health and Puberty	Emotional Wellbeing	Ethics	Exploring Influence	Independence
	Relationships	Attitudes to mental health	Deforestation	Drugs and alcohol – Assessing risks	Maintaining a healthy lifestyle
	Puberty	Emotional wellbeing	How we use animals	Drugs and alcohol – drug	Physical Activity and mental well
	Sex and the Law	Digital resilience	Euthanasia	Drugs and alcohol – help seeking	Emergency First Aid
	Consent	Unhealthy coping mechanisms	Abortion	Gangs – how it might start	Health Screening
	Sexting	Grief, loss and change	Life After Death	Gangs – Risks and consequences	Being a Donor
	FGM			Gangs – Getting out	
Summer 1	Building Relationships	Identity and Relationships	Intimate Relationships	Addressing Extremism and Radicalisation	Mental Health
	Appearance ideals	Giving and seeking permission	Consent	Wider picture	Recognising warning signs
	Media Messages	Avoiding assumptions	Body image	Extremism	Pre-empt & respond
	Confront Comparisons	Freedom and capacity to consent	Sexting	Prevent	Depression
	Banish Body Talk	Sexting	Contraception	Islamophobia	Positive & negative coping
	Mental Health Awareness Week	Mental Health Awareness Week	Mental Health Awareness Week	Mental Health Awareness Week	Supporting others in crisis
	Be the change	Relationships	STI		
	Presentations	Contraception	Pregnancy		
Summer 2	Financial Decision Making	Digital Literacy	Employability Skills	Readiness for Work	External Examinations
	What influences my decisions	Understanding fraud	Healthy eating	Careers Meetings and Guidance	
	How can I make informed decisions?	Identity fraud	Exercise	Careers Meetings and Guidance	
	Why do my decisions matter?	Money mules	Personal health profile	WORK EXPERIENCE	
	How do I plan a simple budget?	Social engineering	Eating disorders	Careers Meetings and Guidance	
	How can I keep my money safe?	FOMO	Social media	Careers Meetings and Guidance	
	Piracy	Gambling	Cancer		

COLOUR KEY
Health and Wellbeing
Living in the Wider World
Relationships